Student Affairs

Student Health and Wellness Services

The Albertus Magnus College Health and Wellness Services is committed to providing a variety of quality and preventative programs and services to support the holistic wellbeing of all students. Furthermore, we are committed to the promotion of holistic wellness to increase students' knowledge of healthy lifestyles and choices that will set them up for a lifetime of wellness far beyond their years at Albertus.

All Health and Wellness Services are confidential and free of charge for any current Albertus Magnus student. Students are protected under both FERPA and HIPAA statutes and therefore, contact and communication will not be shared with family members, friends, or faculty members without a student's written consent, with the exception of when state law requires.

Health and Wellness Services include both The Health Clinic and Counseling Center.

Health Clinic

Health is more than the absence of disease, it is the well-being of the whole person — physical, psychological, and sociological. The Health Clinic at Albertus Magnus College strives to meet the holistic needs of students through the direct care of acute, chronic and preventive health needs; health education; coordination of care; referral to community resources and support of programs and initiatives that build a healthy campus community. The Health Clinic is staffed by two bilingual (Spanish) Advanced Practice Registered Nurses who provide students with a wide range of both acute and preventative care. In case of a medical emergency, students are sent to Yale-New Haven Hospital's Emergency Room.

Pre-entrance health requirements— All students must complete the College's student health forms which include, but are not limited to: immunization history, tuberculosis screening, and a physical exam. The forms are maintained in the student's confidential medical record. Immunization requirements are consistent with state and College policy and are outlined in the forms.
All full-time, traditional undergraduate students are required to carry health insurance. Students may enroll or waive the College-sponsored health plan.

The Counseling Center

The Albertus Magnus Counseling Center provides counseling services to students in an effort to address concerns that may be impacting their college experiences. Some reasons students might seek counseling include, but are not limited to: adjusting to college life, homesickness, stress, anxiety, depression, sports performance anxiety, relationship difficulties, trauma, grief, gender and sexuality issues, food and body image issues, low self esteem, and difficulties with concentration.

The Counseling Center offers individual and group counseling which affords students the opportunity to work with a counselor in a safe, confidential and caring environment. During their first intake appointment, a student will work with their counselor to identify

areas of concern and create specific short-term goals to determine the best course of treatment to meet those needs. As needed, students can also be referred to providers in the community.

The Counseling Center is available to meet with faculty and staff who may have concerns about a particular student's emotional well-being.

Non-Discrimination Policy

The Albertus Magnus Health & Wellness Services policy and procedures are in alignment with the values of The American College Health Association (ACHA) and American College Counseling Association (ACCA). Both the ACHA and ACCA support all initiatives to create a campus climate guided by the values of cultural inclusion, respect, equality and equity. Both are committed to nondiscrimination and to the prevention of harassment in all forms—verbal, physical, sexual, emotional, and psychological—including protections for transgender, gender non-conforming, and LGBTQ+ individuals. The ACHA and ACCA reject all forms of intolerance and subtler forms of discriminatory conduct with respect to the following: age, gender identity, including transgender; marital status; physical size; psychological/physical/learning disability; race/ethnicity; religious, spiritual or cultural identity; sex; sexual orientation; socioeconomic status; or veteran status. Every human being on earth is unique and uniquely important.